

November 2024

## IMPORTANT INFORMATION – Hertfordshire Public Health Nursing Service

Dear Parent/Carer,

School nurses and community nurses work in schools and the community as part of the Hertfordshire Public Health Nursing Service. The Hertfordshire Public Health Nursing Service uses an online health assessment questionnaire, called The Lancaster Model (TLM). This allows us to identify the health needs of children, in line with national guidelines such as The Healthy Child Programme. The assessment questionnaire is designed for children to complete in Year 6 and enables us to learn about the health needs of your child and offer help. There is further information about the Lancaster Model here: <https://www.thelancastermodel.co.uk/>

All year 6 children are given the opportunity to complete the questionnaire in school supported by a small team from the School Nursing Service. The questionnaire asks questions about things that could or are impacting on their health and wellbeing. Completed responses are reviewed by the school nursing service and where appropriate or where a child has indicated that they would like support they will be seen in school. Children can speak to the school nursing team during or after completing the questionnaire if they would like to.

If your child might benefit from some additional support from the school nursing team, we will contact you to discuss this.

We collect and use data from this questionnaire in accordance with current GDPR guidance. All personal information collected from this questionnaire will be treated as confidential and held securely to meet with data protection requirements. Some information is anonymised and shared with other organisations who work with children such as schools. This information would be about a whole school or area and not an individual child. For example, we may tell a school how many children have breakfast before school each day.

Information regarding how this data is stored by Hertfordshire Community NHS trust can be found here: <https://www.hct.nhs.uk/about-us/data-protection-and-your-information/>

If you do not want your child to participate in this questionnaire then please contact the school nurse team, contact details below, by 13<sup>th</sup> December 2024

Email: [HCT.stadac@nhs.net](mailto:HCT.stadac@nhs.net)

Telephone: 0300 123 7572

**If we do not hear from you then we will assume you are happy for your child to complete the questionnaire.**

To explain this questionnaire further we have made a short film which we hope will clarify the process. This can be found here:

<https://youtu.be/nwfS5kc8uI4>

The short YouTube film below describes the support school nurses offer children and their families in Hertfordshire:

<https://youtu.be/7RoTkp3vkB0>

We have also included some links to websites you may find useful when talking to your child about their health.

Yours sincerely



St Albans and Dacorum School Nurse Team Lead

Email [lisa.stachini1@nhs.net](mailto:lisa.stachini1@nhs.net)

Telephone 0300 123 7572

## Useful Websites:

### Confidential Texting Service

Hertfordshire School Nursing Service has 2 confidential text messaging service which can be used to ask school nurses questions about physical or emotional health problems, growth concerns -

#### CHATHEALTH 11-19 -

**07480 635050** confidential texting service for young people aged 11-19

#### CHATHEALTH PARENTLINE -

**07312 263002** confidential texting service for parents/carers of school aged children.

**Healthforkids** provides health information including puberty, healthy eating, and mindfulness. There is lots of information for both parents and children.

[www.healthforkids.co.uk](http://www.healthforkids.co.uk) (age 5-11Yrs)

**HealthforTeens** is a website designed for older children and includes health information and advice about a range of topics including alcohol, smoking and sex and relationships:

[www.healthforteens.co.uk](http://www.healthforteens.co.uk) (age 11-19Yrs)

### Emotional And Mental Health Information:

<https://www.nhs.uk/mental-health/self-help/guides-tools-and-activities/five-steps-to-mental-wellbeing/>

<https://www.youngminds.org.uk>