

KILLIGREW PRIMARY AND NURSERY SCHOOL PHYSICAL EDUCATION CURRICULUM OVERVIEW



*For more information about these topics, please refer to our progression grid and parent leaflet for PE.
Our teaching of the National Curriculum objectives for PE is supplemented using the GetSet4PE scheme of work.*

	Autumn	Spring	Summer
Nursery	Spatial awareness and movement (in a range of ways) Using wheeled toys Using one-handed equipment	Dance Holding pencils with good control Copying some letters Doing up coats independently Ball skills Copying letters from own name accurately	Exploring parachute games Using one-handed tools and equipment Adjusting speed and direction to avoid obstacles Join in with Reception's Daily Jog Holding pencils correctly Spatial awareness and movement in games
Reception	Aspects of keeping healthy such as exercise, hygiene and sleep Spatial awareness	Fairy tale dances Ball skills- throwing, bouncing and balancing	Striking and fielding Net games Fundamentals of PE for sports day
Year 1	Health Related Fitness Dance Ball Games Football Skills	Gymnastics Dance including Yoga Invasion Games	Athletics Sports Day Skills Target Games Net Games
Year 2	Health Related Fitness Dance Ball Games Football Skills	Gymnastics Playground Games Invasion Games Dance	Striking and Fielding Target Games Net Games
Year 3	Gymnastics Dance	Tri-golf Rounders	Swimming Tennis

	Football Handball	Athletics Health Related Fitness	
Year 4	Swimming Football Gymnastics	Swimming Dance Athletics	Tennis Cricket Rounders
Year 5	Tag Rugby Netball Gymnastics Hockey	Dance Basketball Health Related Fitness Tasks	Cricket Rounders Athletics
Year 6	Basketball Hockey Gymnastics Dance	Health Related Fitness Tag Rugby Outdoor Adventurous Activities Volleyball Football	Athletics Tennis Cricket Rounders