



# KILLIGREW NEWS

1<sup>st</sup> December 2023

Dear Parents/Carers,

Well, Christmas preparations are certainly well under way at Killigrew! The choir performed beautifully at the Abbey on Wednesday morning as part of the St Albans Schools' Christmas Service and the whole school then had a winter art afternoon to produce some fabulous winter landscapes, using a variety of media.

The school is full of children preparing for their concerts and plays and the PTA has been very busy preparing for the Winter Wonderland. I look forward to seeing you there tomorrow between 12:00-3:00pm. Don't forget to book your Christmas concert/play tickets-they are 'selling out' very quickly!

Kindest regards,

T. Mylotte  
Head teacher

## Attendance

What a great week for Toucans last week-well done. Pelicans, Parakeets, Cardinals and Nightingales-great improvement! So many classes are just under 97%-nearly there.

Class	Attendance	Trend
Firecrests	94.2%	
Skylarks	91.4%	
Goldfinches	96.1%	
Nightingales	96.9%	↑
Cardinals	97.3%	↑
Parakeets	97.3%	↑
Bluejays	95.1%	
Puffins	96.7%	
Kingfishers	96.6%	
Macaws	95.2%	
Pelicans	97.5%	↑
Toucans	100.0%	
Eagles	96.1%	
Peacocks	95.0%	

## Communication

The school office strives to reply promptly to all incoming messages that require a response. So that everyone can be assured that an email has actually been received, all incoming emails receive an auto reply.

It may be helpful to know that if you advise of a reason for lateness, change of pick-up arrangement, notice of a medical appointment or attendance at a sports fixture, these will be actioned without reply. So too will requests to pass information to a member of staff i.e. something for a teacher.

For all other matters and where you request a reply, we will respond within 2 working days.

We will continue to handle your important correspondence requests as quickly as we can; if you feel it is taking too long, then please get in touch by phone or a further email if easier.

## Children in Conflict Appeal

Although we have not addressed the war in Israel and Gaza with the children, we are aware that there are families who are directly and indirectly affected by this. If you would like support about how to talk to your child to try and understand recent events and cope with the impact, you may find the following link useful.

<https://www.unicef.org/parenting/how-talk-your-children-about-conflict-and-war>

Please find attached a letter from the St. Albans Primary Headteachers' Consortium if you would like to donate towards the Children in Conflict Appeal as part of the collective St. Albans primary school group. Any donations can be made via our School Gateway.

## **Positive Mental Health & Wellbeing**

We thought it would be useful to share all the ways in which we promote positive mental and emotional health at Killigrew. You are already familiar with 'Feel Good Week' but this is just a small part of our commitment to ensure that every child at Killigrew is happy and safe. If you would like any more information about this, Miss Walsh will be happy to talk to you.

### **Whole Class/Access for all**

Brain Buddies- this is a whole class workshop delivered by our Educational Mental Health Practitioner (EMHP). It is a 6-week course and focuses on 'big' emotions and how to deal with them. The workshops are adapted based on what the class would most benefit from.

We have several clubs available to support children's wellbeing - mindfulness club, sports clubs, cross stitch club, board games, art club, music clubs and chess club (available to certain year groups at different times)

Playleaders- our talented Y6s organise personal and team challenges on all playgrounds. These might be skipping, jumping, dribbling, speed stacking or table tennis challenges.

PSHE Jigsaw- this is the scheme that we use to support our PSHE curriculum. Each lesson is split into different areas and focuses on pupils emotions and mindfulness in each lesson (through 'calm me time' and 'talk time').

Each class has a weekly PSHE assembly where the teacher talks to the children about their emotions and other important themes like anti-bullying week and the Killigrew learning powers. Extra-curricular activities (in and outside school) are celebrated in our weekly celebration assemblies.

We take part in national days and weeks that celebrate and promote positive wellbeing. Every February, we take part in Feel Good Week which has a theme. Our

lessons focus on this theme for the week, and we come together as a whole school. We have just promoted Anti-Bullying Week which centred around noticing and celebrating positive behaviours. We also have a Sports Week where we provide more unusual sporting experiences e.g. Roundnet. We focus on our sport values such as team work, respect, determination and self-belief.

External visitors come in to talk to our children and they take part in different activities. Last term, we had the 'School of Kindness Day'.

Over the last few years, we have also focussed on 5-ways-to-wellbeing. These activities have been a part of our early morning activities, themed weeks, assemblies, Google Classroom activities and within our clubs.

We provide our older children with the opportunity to access a 'drop in' session where they can talk about anything that is troubling them. This is a one-to-one slot with Miss Walsh (Mental Health Lead Teacher) and/or Loraine Brown (EMHP).

### **Small group special support – the Hub**

If children need emotional or wellbeing support, Mrs Unsworth (Deputy Mental Health and Wellbeing Lead) runs a very successful and engaging social and emotion skills group called The Hub. Children spend a half term in the Hub, focusing on managing their emotions, working with their peers, talking about their feelings and learning how to self-regulate more efficiently.

### **Additional small groups in school**

Before school and at break/lunch times, Miss Walsh and Mrs Unsworth offer 'talk time'. They also check in on specific children who might need additional support.

Class teachers also offer talk time in small groups or as a one-to-one session under the guidance of Miss Walsh.

### **Parent Workshops**

We offer emotional support workshops with Miss Walsh and our SENCO. Last term, we had a great workshop explaining

how to support anxious children. We arranged this because some parents indicated that this would be very useful for them when supporting their child at home.

### **Specialist Referrals**

We offer one-to-one support to parents to help them support their child's behaviour at home. This is facilitated by our EMHP and is an 8-week course.

We are in the process of setting up a parent/carer support group. Our EMHP will run this, and it will be a supportive group aimed at helping parents/carers support their child at home. It will particularly support the parents of children with a special educational need linked to self-regulation.

We refer children to NESSIE (an organisation that offers very focussed emotional support) following an assessment by our SENCO.

### **The Write Stuff**

You may have heard your child talk about **The Write Stuff** when telling you about their English lesson. They may also talk about 'lenses' and the way these help them to write. Mrs Digweed has produced a wonderful talking PowerPoint telling you all about these lenses. This will be uploaded to Google Classroom today. It would be great if you could help your child use these lenses when completing their English homework. If you have any questions at all, please ask your class teacher and they will be happy to explain more.

## **PTA News**

### Y3 Cake Sale

*Thank you for your support on Monday - Y3's cake sale raised £185 for the school.*

### Winter Wonderland

*We look forward to seeing you at the Christmas Fayre this Saturday. Santa will be welcoming visitors to his grotto, a pizza van will provide lunch, and we have Christmas market stalls as well as games and crafts for the children to enjoy. Please bring lots of small change to participate as much as possible and join us between 12pm-3pm. The Fayre will be open early (11.30am – 12pm) for children with SEN who prefer to avoid crowded spaces.*

### Christmas Trees

*Don't forget you can raise money for the school just by buying your Christmas tree through [www.christmastreeeasy.co.uk](http://www.christmastreeeasy.co.uk) (make sure you select 'Killigrew' when you order!).*

## **Is my child too ill for school?**

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

## **Free School Meals**

If your circumstances have changed, you may be interested in the following information regarding free school meals for your child.

[Free school meals](#)

## Match Report: Killigrew vs Manderville

On Tuesday Killigrew played their first home game of the season hoping to maintain their 100% winning record. After some early Manderville pressure, Killigrew settled into the game and created their ~~first~~ first chance with Evan hitting the post. Soon after that, Evan cut in and scored 1-0! Next, Killigrew put some more pressure on the Manderville defence with Finn popping up ~~with~~ <sup>with</sup> at least two quick goals at the back post 3-0! Next, there was some great passing from Sammy which led up to a calm finish from Finlay to put Killigrew 4-0 up. Boom! In the second half, Micheal B came on and caused problems for the opposition players, creating some good chances for Killigrew. As Manderville attempted a long ball, Theo intercepted it and within a blink of an eye the ball was in the back of the net. Yesss! 5-0! After the goal Kayden did some good dribbling, but his shot just went wide. Then Manderville had a corner, and with a bit of a mix up at the near post they had a goal back. Big shout out to Leo who made a brilliant debut performance in goal.

Final Score Killigrew 5-1 Manderville.  
Man of the match - Evan.

## Feedback Form

Please add any positive comments, concerns or suggestions:

<https://forms.office.com/Pages/ResponsePage.aspx?id=UKgBZMCcg0yzyPnqbCwRs9svUSsaXKhrJlIeIKv0S9UNURUFM2MTYzODILUEk5MVNMOVpCN0lWQy4u>

Name:

Child's Class:

### Dates-Academic Year 2023-24

AUTUMN TERM 2023	
Date	Event
Saturday 2 <sup>nd</sup> December 12-3:00pm	PTA Winter Wonderland
Monday 4 <sup>th</sup> December	Read with your child 8:40am
Tuesday 5 <sup>th</sup> December 9:00am	LKS2 Christmas concert (parents welcome)
Tuesday 5 <sup>th</sup> December 2:00pm	UKS2 Christmas concert (parents welcome)
Wednesday 6 <sup>th</sup> December 9:00am	UKS2 Christmas concert (parents welcome)
Wednesday 6 <sup>th</sup> December 2:00pm	LKS2 Christmas concert (parents welcome)
Friday 8 <sup>th</sup> December 3.20pm-3.45pm	Book Look (parents welcome)
Tuesday 12 <sup>th</sup> December 9:15am	EY Christmas Play (parents welcome)
Wednesday 13 <sup>th</sup> December 9:15am	EY Christmas Play (parents welcome)
Wednesday 13 <sup>th</sup> December 2:15pm	KS1 Christmas Play (parents welcome)
Thursday 14 <sup>th</sup> December 9:15am	KS1 Christmas Play (parents welcome)
Friday 15 <sup>th</sup> December	Mr Mitchell's music concert (pm) Christmas jumper day (wear a Christmas or winter jumper)
Monday 18 <sup>th</sup> December 1:30pm	Infant Christmas parties Y4 brass concert
Tuesday 19 <sup>th</sup> December	Junior Christmas parties Christmas dinner
Wednesday 20 <sup>th</sup> December	Last day of term -school finishes at 2:15pm/2:20pm Non-uniform day for winning house (KS2)
SPRING TERM 2024	

<b>Date</b>	<b>Event</b>
Thursday 4 <sup>th</sup> January	Spring term begins
Monday 8 <sup>th</sup> January	Read with your child 8:40am
Thursday 11 <sup>th</sup> January	Y1 trip
Friday 12 <sup>th</sup> January	Bluejays assembly (parents and grandparents welcome)
Friday 19 <sup>th</sup> January	KS2 Speech Cup final
Monday 22 <sup>nd</sup> January	PTA Year 6 Bake Sale
Friday 26 <sup>th</sup> January	Parakeets assembly (parents and grandparents welcome)
Wednesday 24 <sup>th</sup> January	School Nurse visiting Y6 (TLM health questionnaire)
Friday 2 <sup>nd</sup> February	NSPCC number day Goldfinches assembly (parents and grandparents welcome)
Monday 5 <sup>th</sup> February	Read with your child 8:40am School nurse visiting YR-health checks
Monday 5 <sup>th</sup> -11 <sup>th</sup> February	Feel Good Week
Tuesday 6 <sup>th</sup> February	Safer Internet Day
Friday 9 <sup>th</sup> February 3.20pm-3.45pm	Book Look (parents welcome) Firecrests assembly (parents and grandparents welcome)
Wednesday 14 <sup>th</sup> February	Parents evening 3:30pm-6:30pm
Thursday 15 <sup>th</sup> February	Parents evening 3:30pm-6:30pm
Monday 19 <sup>th</sup> -Friday 23 <sup>rd</sup> February	Half term-school closed
Friday 1 <sup>st</sup> March	Secondary School allocation day
Thursday 7 <sup>th</sup> March	World Book Day (Dressing up)
Friday 8 <sup>th</sup> March	Eagles assembly (parents and grandparents welcome)
Monday 11 <sup>th</sup> March	PTA Year 2 Bake Sale
8 <sup>th</sup> -17 <sup>th</sup> March	British Science Week
Friday 15 <sup>th</sup> March	Red Nose Day Pelicans assembly (parents and grandparents welcome)
Friday 22 <sup>nd</sup> March	Mr Mitchell's music concert (pm)
25 <sup>th</sup> -27 <sup>th</sup> March (evening)TBC	Alban Arena Concert-choir & musicians
Thursday 28 <sup>th</sup> March	Easter hat parade (children to bring a decorated hat to school) Non-uniform day for winning house (KS2) Last day of term-school finishes at 2:15pm/2:20pm
<b>SUMMER TERM 2024</b>	
<b>Date</b>	<b>Event</b>
Monday 15 <sup>th</sup> April	Summer term begins
Friday 19 <sup>th</sup> April 3.20pm-3.45pm	Book Look (parents welcome)
Wednesday 24 <sup>th</sup> April	School nurse visiting YR (health checks)
Friday 26 <sup>th</sup> April	Kingfishers assembly (parents and grandparents welcome)
Monday 29 <sup>th</sup> April	PTA YR Bake Sale
May TBC	Walk to School Week
Friday 3 <sup>rd</sup> May	Puffins assembly (parents and grandparents welcome)
Monday 6 <sup>th</sup> May	Bank holiday-school closed
Friday 10 <sup>th</sup> May	Cardinals assembly (parents and grandparents welcome)
13 <sup>th</sup> -16 <sup>th</sup> May	KS2 SATs week

Friday 17 <sup>th</sup> May	National Numeracy Day
Friday 24 <sup>th</sup> May	KS2 sports day (parents and grandparents welcome)
Monday 27 <sup>th</sup> -Friday 31 <sup>st</sup> May	Half term-school closed
Monday 3 <sup>rd</sup> June	INSET day
Monday 3 <sup>rd</sup> -Friday 14 <sup>th</sup> June	Y4 multiplication table checks
Friday 7 <sup>th</sup> June 3.20pm-3.45pm	Book Look (parents welcome) Nightingales assembly (parents and grandparents welcome)
w.b. 10 <sup>th</sup> June	Y1 phonics screening check week
Monday 10 <sup>th</sup> June	PTA Year 4 Bake Sale
Friday 14 <sup>th</sup> June	Skylarks assembly (parents and grandparents welcome)
Wednesday 26 <sup>th</sup> June	School photographer-class photos
24 <sup>th</sup> June-5 <sup>th</sup> July TBC	National Fieldwork fortnight
Monday 8 <sup>th</sup> July	PTA Year 5 Bake Sale
Tuesday 9 <sup>th</sup> July 9:00am	Y6 play (parents and grandparents welcome)
Wednesday 10 <sup>th</sup> July 9:00am	Y6 play (parents and grandparents welcome)
Thursday 11 <sup>th</sup> July	Transition day-meet the new teacher
Friday 12 <sup>th</sup> July 9:00am	Infant sports Day Mr Mitchell's music assembly (pm) Annual school report sent home
Friday 19 <sup>th</sup> July 9:00am	Y6 leavers' assembly (parents and grandparents welcome) End of term for children-school finishes at 2:15pm/2:20pm Non-uniform day for winning house (KS2)
Monday 22 <sup>nd</sup> & Tuesday 23 <sup>rd</sup> July	INSET days-school closed