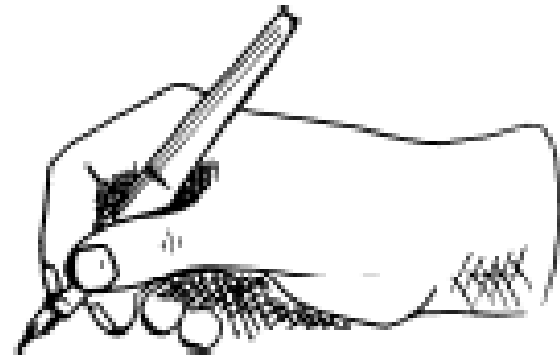


Handwriting

# Handwriting position

- feet flat on the floor
- bottom at the back of the chair
- body one fist from the table
- shoulders down and relaxed
- back leaning forward slightly
- left/right hand holding the page
- left/right hand ready in a tripod grip.

**Fig (i) The correct grip and pen angle**



- ◆ The most preferred grip is the tripod grip.
- ◆ Control the fine movements of the pen with your fingers and not your whole arm.
- ◆ Hold the pen between the flat of the thumb and inside of the middle finger, with the soft pad at the tip of the index finger lightly pressing down on the pen between them.
- ◆ The ring and little finger should be layered round underneath.
- ◆ Roll your hand over slightly so that the side of your hand rests on the paper and moves along as you write. Be careful not to roll your hand too far over to the right or the left.
- ◆ Your fingers should be about 2-3 cm away from the pen's nib.

**A B C D E F G H I J K L M N O P Q R S T U V W X Y Z**

Capital Letters or Upper case

**a b c d e f g h i j k l m n o p q r s t u v w x y z**

Lowercase

Which lowercase letters are  
ascenders?

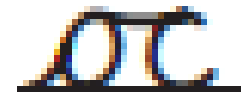
Which lowercase letters are  
descenders?

# Different types of join

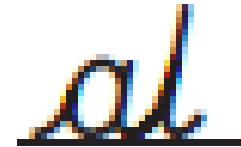
Horizontal join to a tall letter



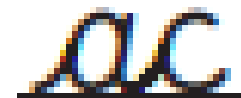
Horizontal join to a half-way letter

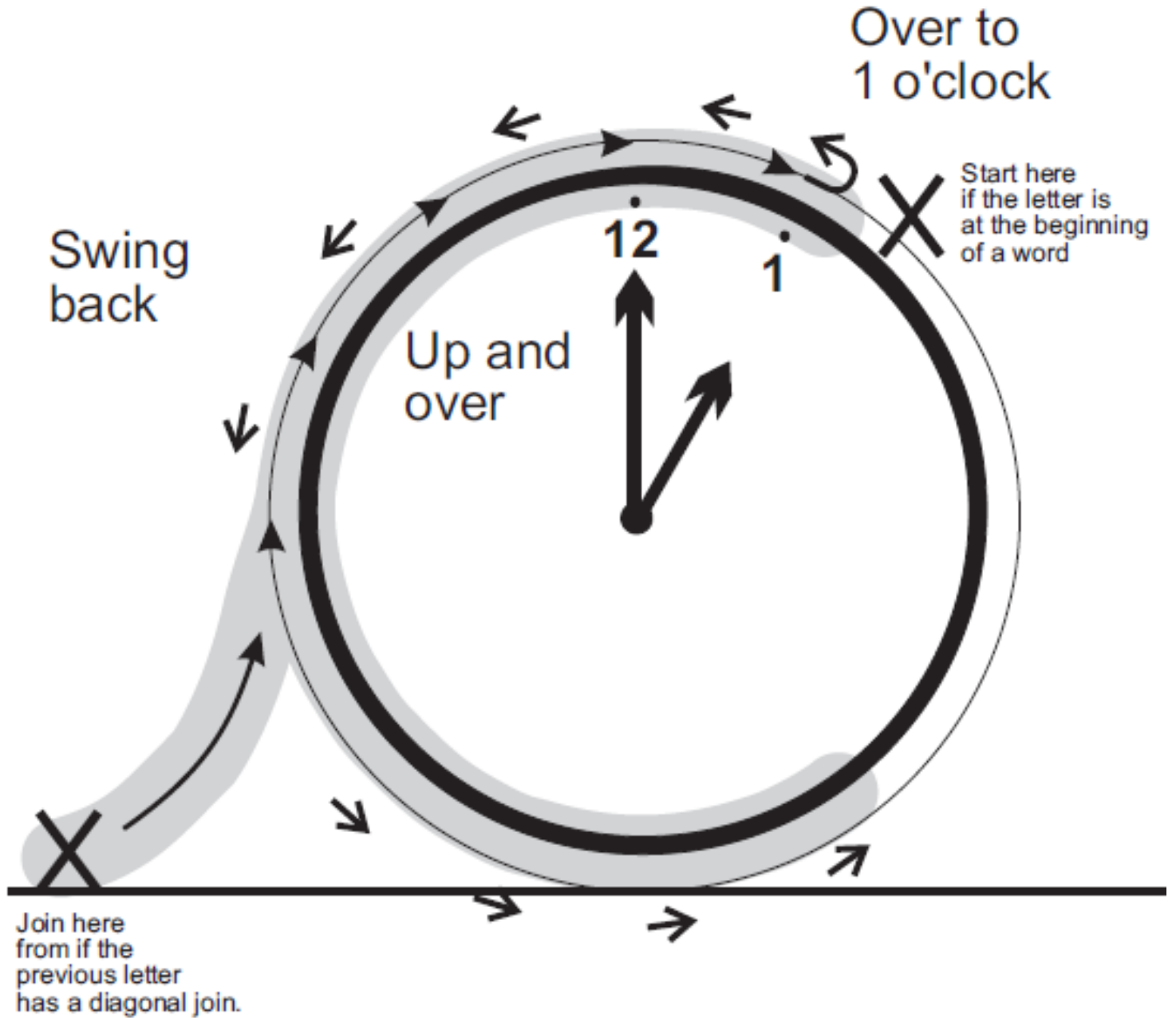
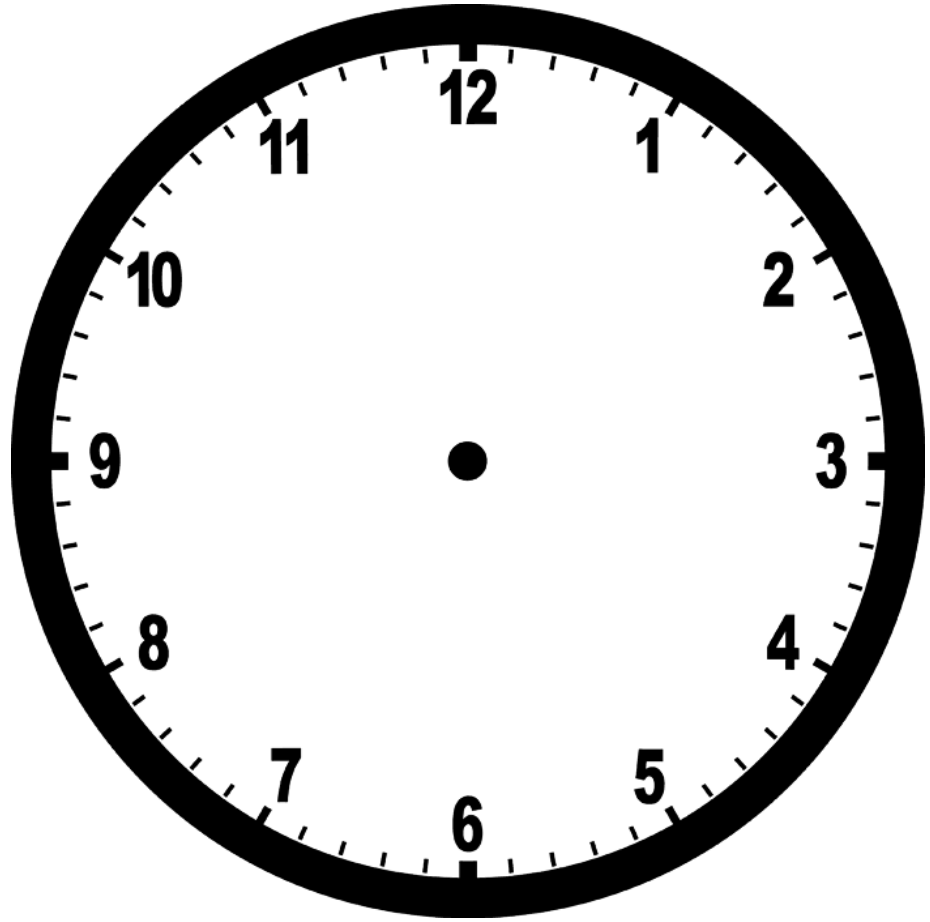


Diagonal join to a tall letter



Diagonal join to a half-way letter

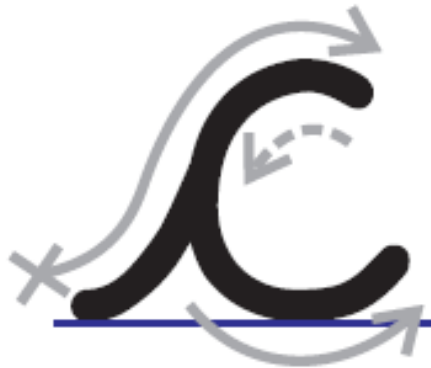




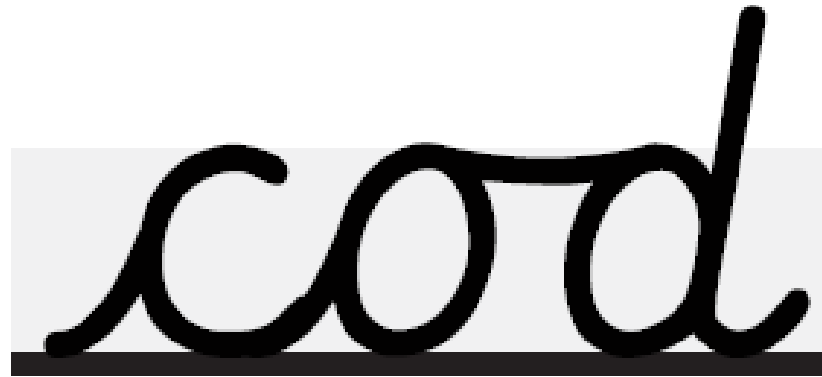
# WALT... correctly form the letter c.

## C Shapes

Make each 'clockwise' stroke go up and over to 1 o'clock in a wide rounded way like this. The letter 'c' is a 'half-way' letter with a diagonal join to the next letter from the bottom upwards. Imagine you are on a swing pushing your legs up in the air to get higher. If the 'c shape' is at the beginning of a word, start at 1



When joining from another letter, say, as you write, "*Join up over to one o'clock - swing back and round - join up over to one o'clock - swing back and round - join .....*"..





# WALT... correctly form the letter a.

Start at the cross and say as you write, "*Swing up over to one - circle back round and up and down .....*".



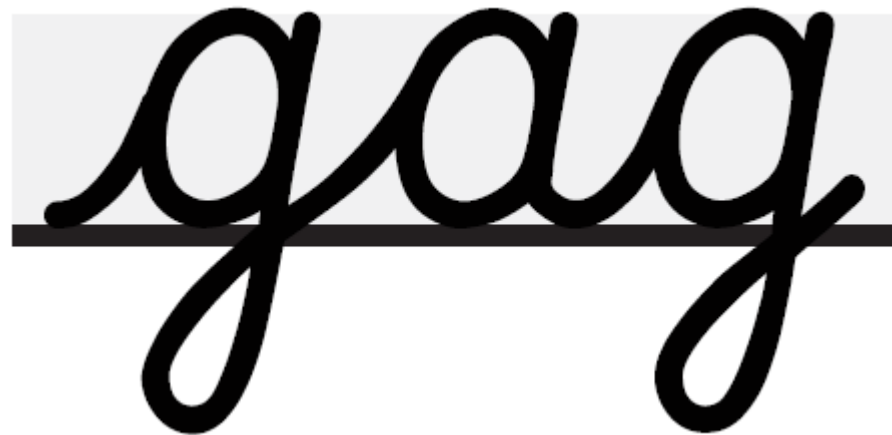
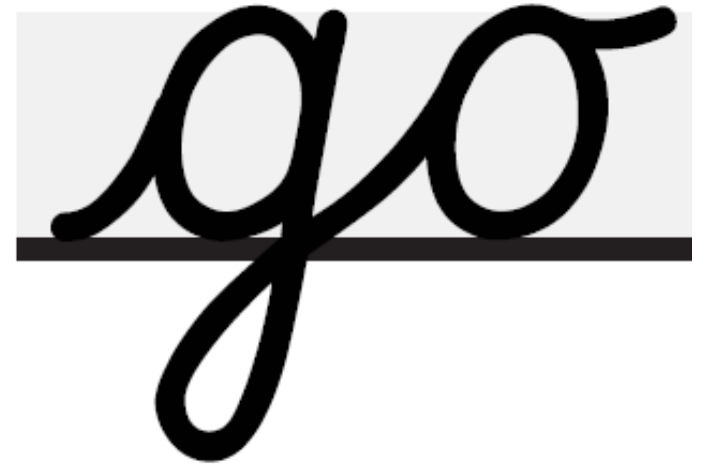
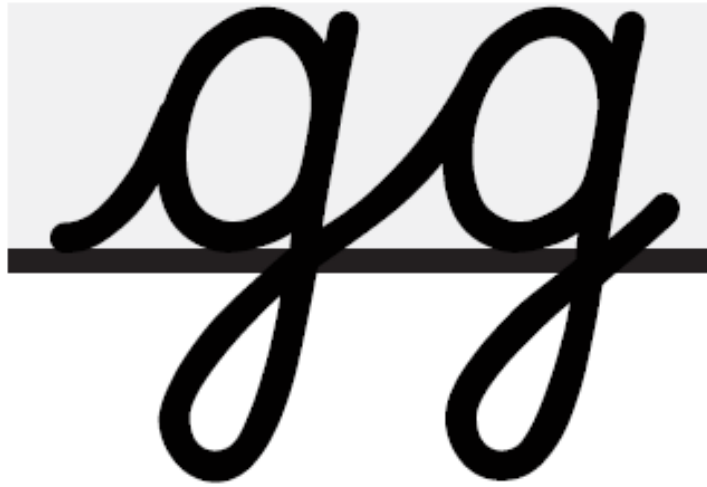


# WALT... correctly form the letter g.

The letter 'g' is a tail letter with a diagonal join to the next letter from the bottom upwards.

Start at the cross and say as you write, "Swing **up and over to one** - circle back round, and up right down and loop.....".





# WALT... correctly form the letter d.

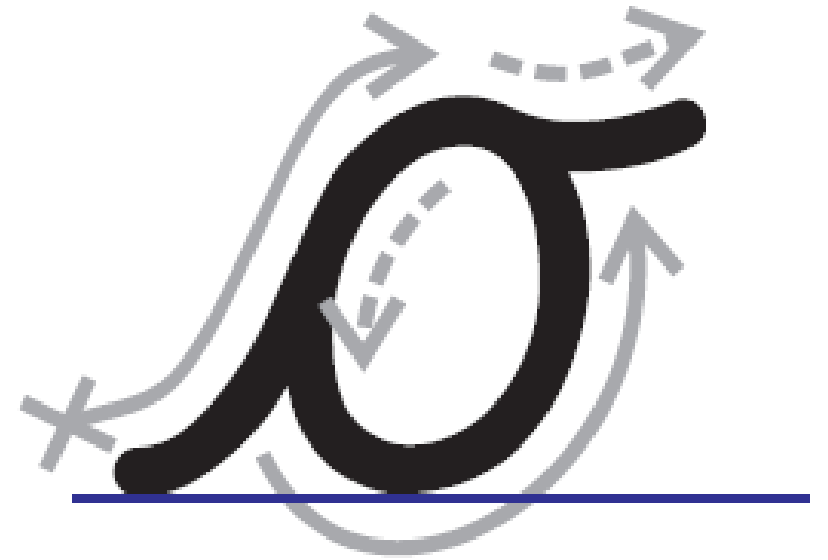
Start at the cross and say as you write, "Swing **up and over to one** - circle back round, right up and down and join....."

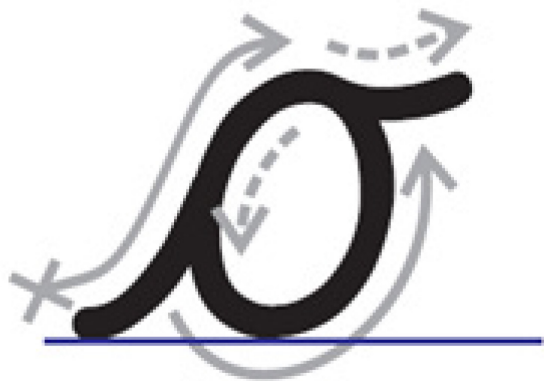




# WALT... correctly form the letter o.

Start at the cross and say as you write,  
"Swing **up and over to one** - circle  
*right round, and join across.....*"



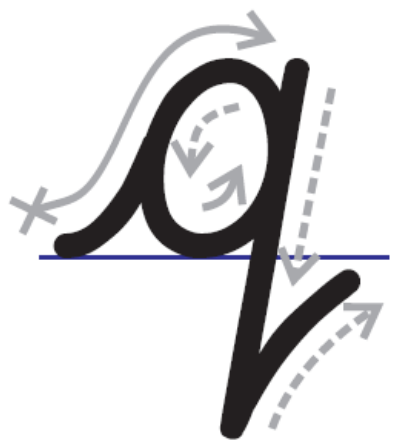




# WALT... correctly form the letter q.

Start at the cross and say  
or sing, "Swing **up and**  
**over to one** - circle right  
round, right down join  
up..."





qu

qua

quad

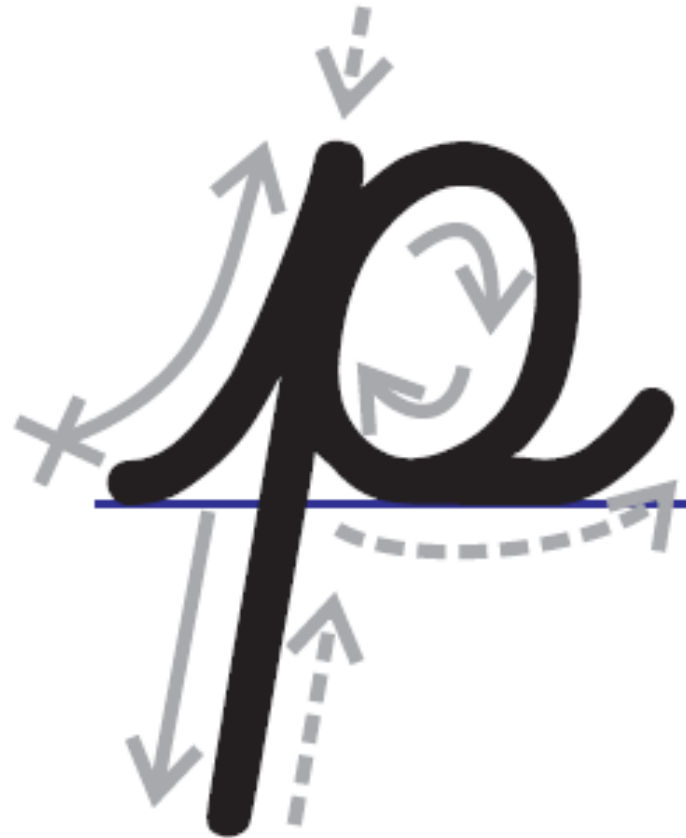
quite

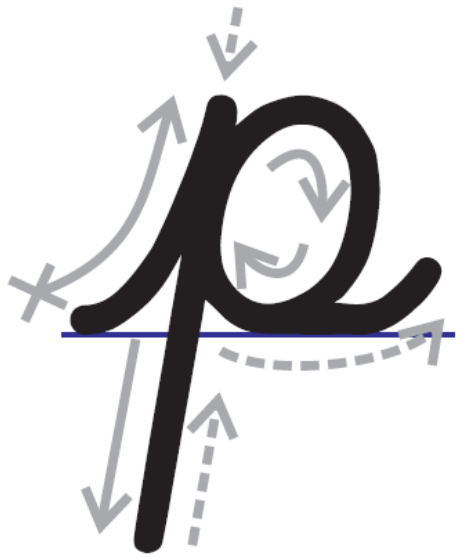
# WALT... correctly form the letter p.

## **n** shapes

Make each 'bridge' stroke go over in a wide rounded way like this:

Start at the cross and say, "Sweep up, straight down, back up, right round, back under **join up**.....".





pp

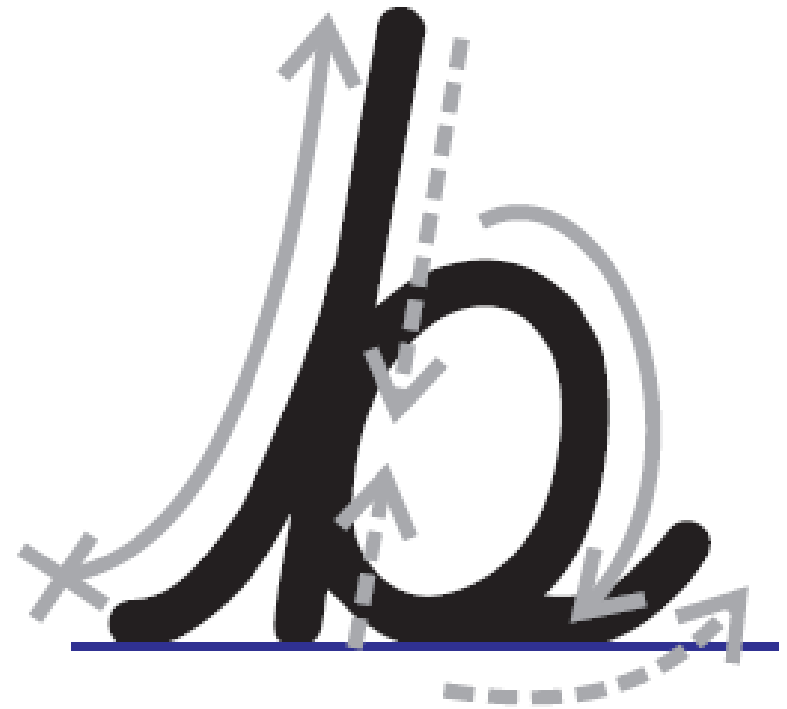
pip

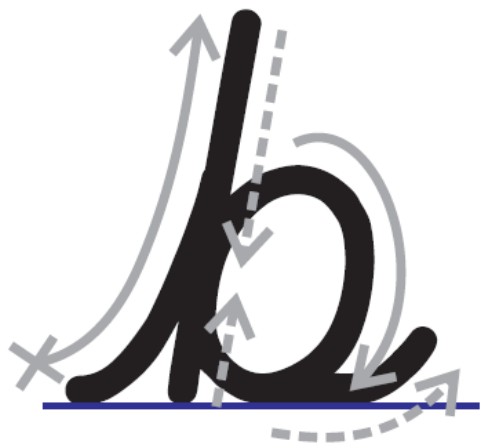
pet

pond

# WALT... correctly form the letter b.

Start at the cross and say as you write , *"Sweep right up, straight down, half back, circle round and back - **join up**....."* .

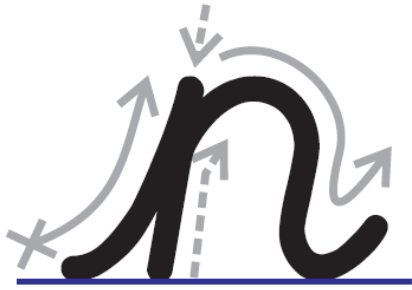




# WALT... correctly form the letter n.

Start at the cross and say as you write , "*Sweep up, straight down, back up, bridge over - **join up**.....*" .





nn

no

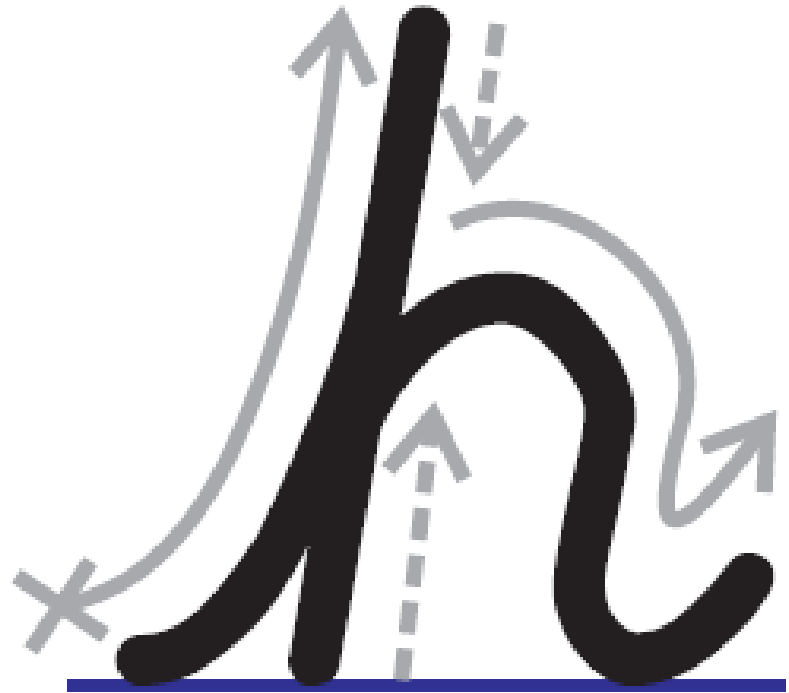
an

nun



# WALT... correctly form the letter h.

Start at the cross and say as you write , *"Sweep right up, straight down, half back up, bridge over - join up....."* .





hh

ho

ah

hot

# WALT... correctly form the letter m.

Start at the cross and say, "*Sweep up, straight down, bridge over and over - join up .....*".





mm

mo

am

man

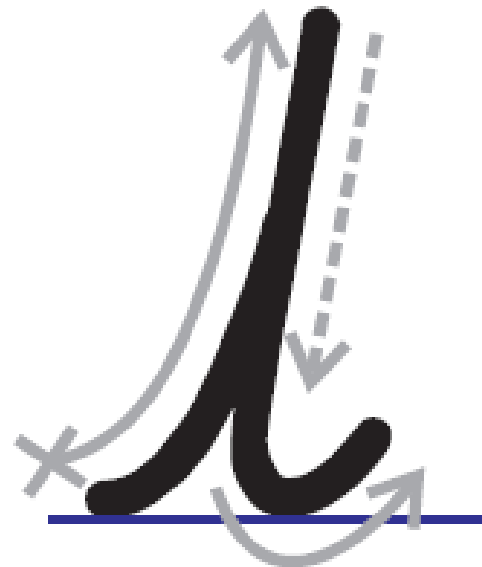
# WALT... correctly form the letter l.

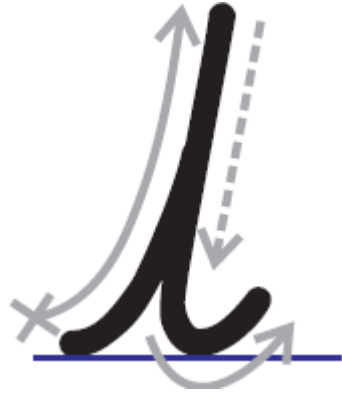
## L shapes

Imagine you are a conductor directing an orchestra with a baton. Make sure that when you are joining to another 'l' shape, you come down the same line that you went up when you reach the top of the joining stroke.

The letter 'l' is a tall letter with a diagonal join to the next letter from the bottom upwards

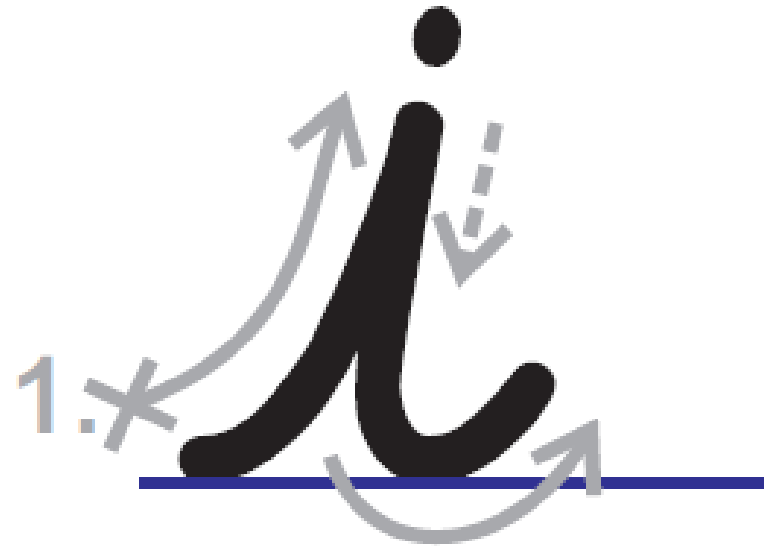
Start at the cross and say,  
*"Sweep right up, straight  
back down, join up ....."*





# WALT... correctly form the letter i.

Start at the cross and say, "*Sweep half way up, straight back down, **join up** .....*". Dot your 'i' when you have finished the word.



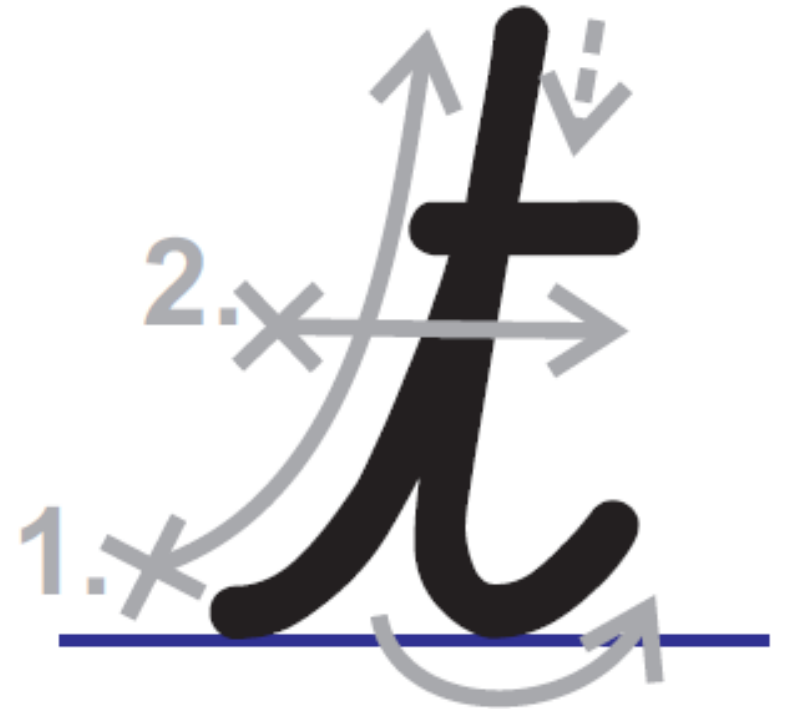


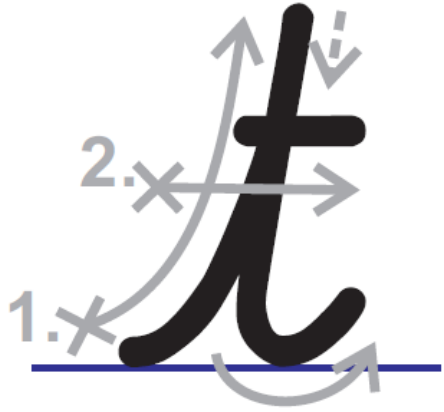


# WALT... correctly form the letter t.

Start at the cross and say, "  
*Sweep right up, straight back  
down - **join up** .....*".

Make sure you cross your 't'  
when you have finished the  
whole word.





# WALT... correctly form the letter u.

Start at the cross and say, "Sweep up, straight down, under and up, back down - **join up** ....."



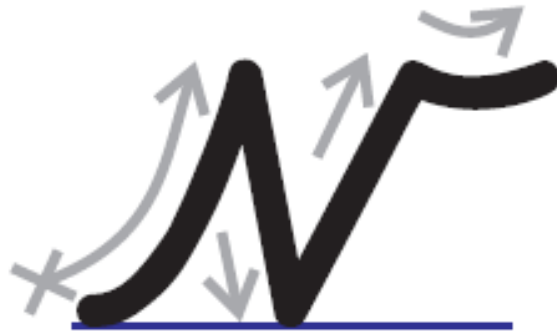
The letter 'u' is a small letter with a diagonal join to the next letter from the bottom upwards.

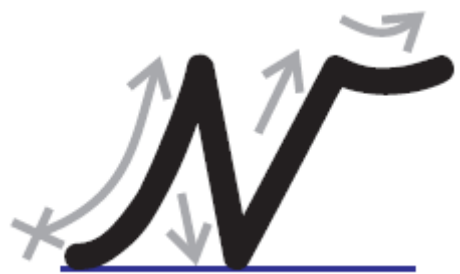


# WALT... correctly form the letter v.

The letter 'v' is a half way letter with either a horizontal or upwards or downwards diagonal join to the next letter.

Start at the cross and say as you write, "Sweep up, slant down, slant up - *join across*.....".





# WALT... correctly form the letter w.

Start at the cross and say as you write, "Sweep up, slant down, slant up and down and up and **join across** .....".



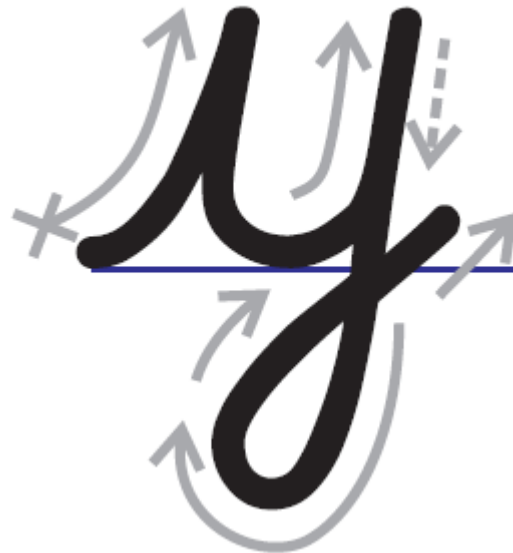


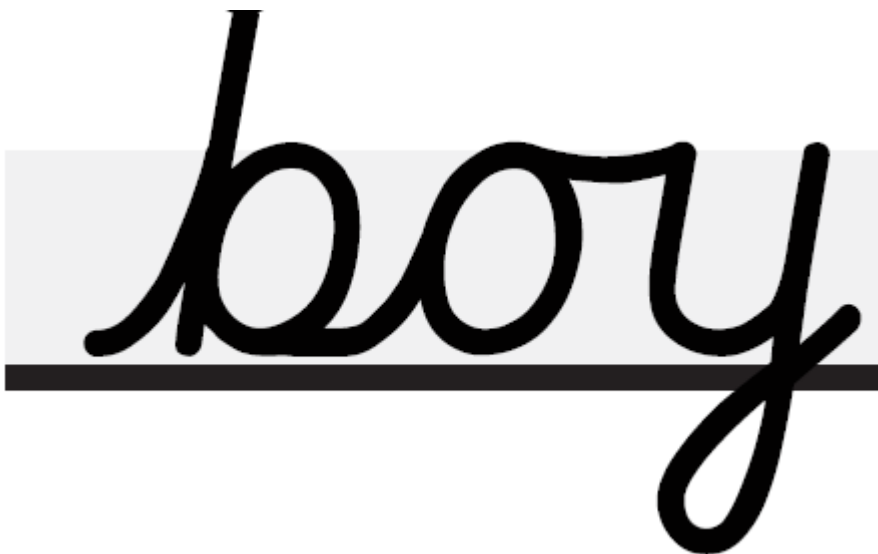
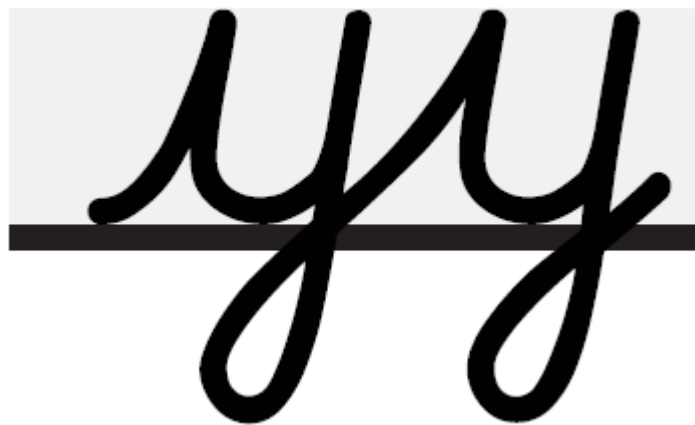
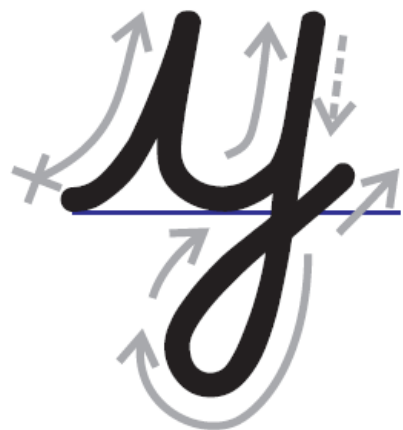


# WALT... correctly form the letter y.

The letter 'y' is a tail letter with a diagonal join to the next letter from the bottom upwards. Make sure that when you are joining to another 'l' shape, you come down the same line that you went up when you reach the top of the joining stroke.

Start at the cross and say as you write, "Sweep up, straight down and under and up, right down, loop round join up.....".





WALT... correctly form the letter e.

**The left-over shapes - e, f, j, k, r, s, x and z.**

The letter 'e' is a 'half way' letter with a diagonal join to the next letter from the bottom upwards..

Start at the cross and say as you write, "Sweep diagonally up, over down and round, **join up** ...." .





ee

en

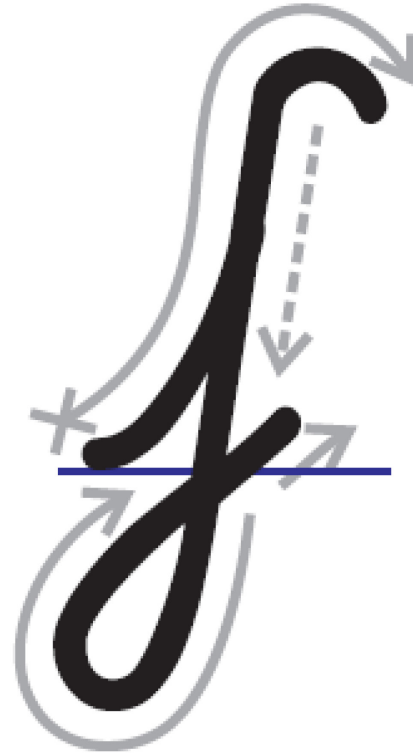
he

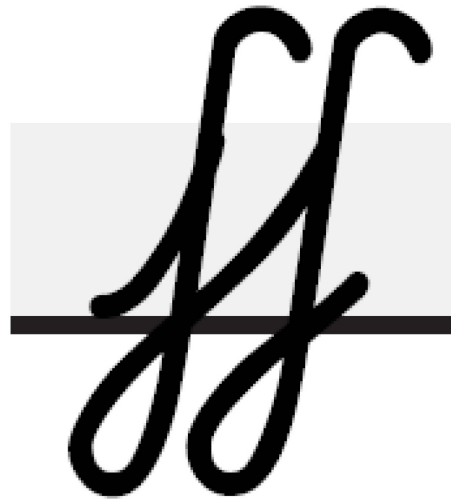
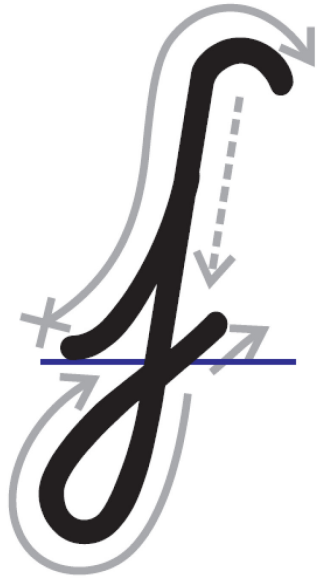
tee

# WALT... correctly form the letter f.

This letter 'f' is both a tall and tail letter with a join to the next letter from the loop across.

Start at the cross and say as you write, "Sweep diagonally right up, hook over, trace back down, loop round the back, *join up* ...." .

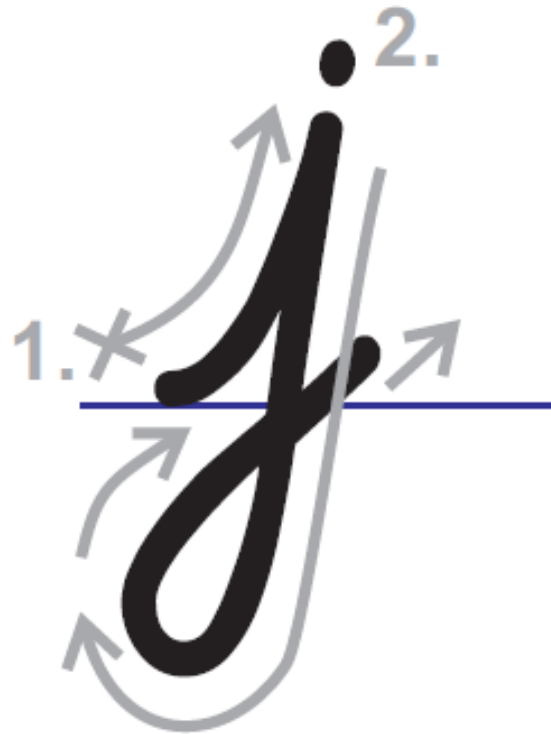


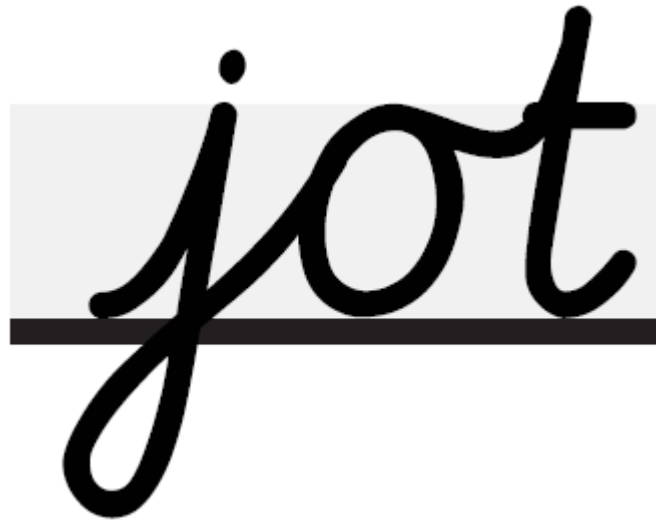
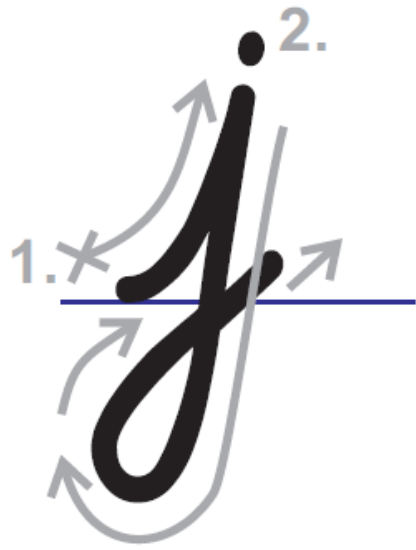


# WALT... correctly form the letter j.

The letter 'j' is a tail letter with a diagonal join to the next letter from the bottom upwards. Dot the 'j' after you have finished the word.

Start at the cross and say,  
"Sweep up, straight down,  
loop round - **join up**....." as  
you write.



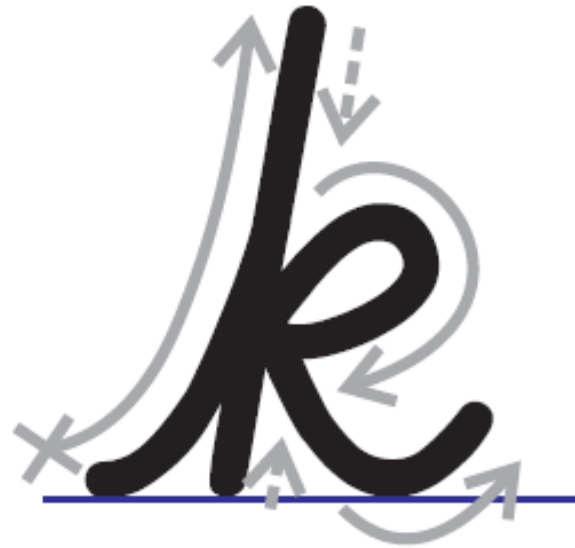


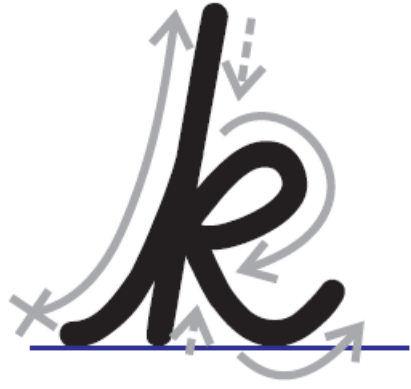


# WALT... correctly form the letter k.

The letter 'k' is a tall letter with a diagonal join to the next letter from the bottom upwards.

Start at the cross and say as you write, "*Sweep right up, straight down, half back loop over and round, slant down - **join up**.....*".





kk

ko

ak

kit

# WALT... correctly form the letter r.

The letter 'r' is a 'half way' letter with a horizontal join to the next letter across the top.

Start at the cross and say as you write, "*Sweep up, straight down, straight back up, and over and off (or join) ....*". An 'r' looks clearer when it is not joined to some other letters.

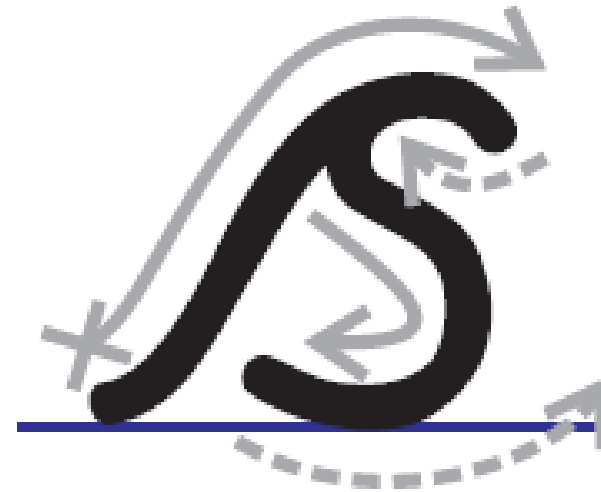




# WALT... correctly form the letter s.

The letter 's' is a 'half way' letter with a diagonal join to the next letter from the bottom upwards. However, like the 'r' it is sometimes better left unjoined.

Start at the cross and say as you write, "*Sweep up over to 'one' (o'clock), snake back bulge over,, trace back and off or **join up.....**".*





as

so

sit

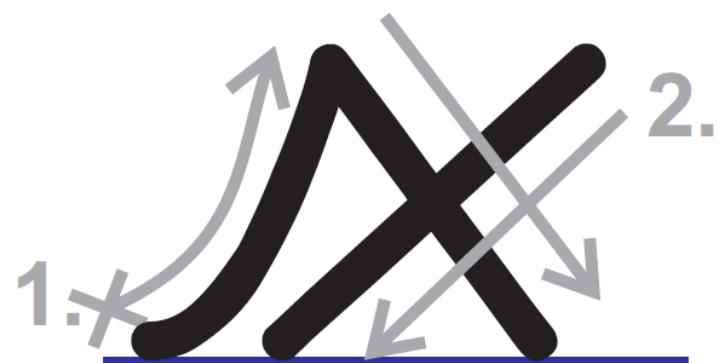
hiss

# WALT... correctly form the letter x.

The letter 'x' is a 'half way' letter which is difficult to join to the next letter unless you do a mathematical  $\times$ . It is like two 'c's back to back. If you do a crossed 'x' then you take your pen off the paper twice. If you wanted to end up so that it is easier to join this 'x' you could start at '2', slant down and off, then sweep up from '1', slant down and join. Do bear in mind that the 'x' is an uncommon letter compared to most.

Start at the cross and say as you write, "*Sweep up, slant down, off, slant back off.....*".



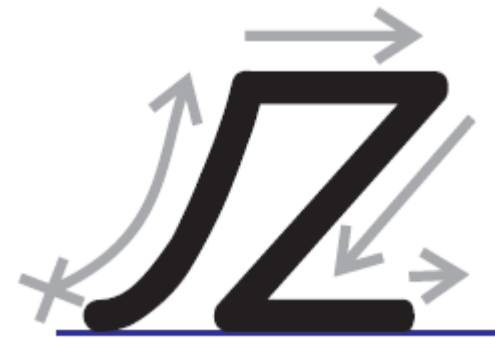


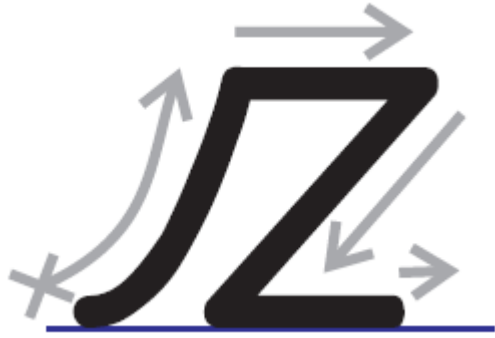


# WALT... correctly form the letter z.

The letter 'z' is a half-way letter which is a zigzag shape.

Start at the cross and say  
as you write, "*Sweep up  
straight across, slant down,  
straight back, join up.....*".





## Predominantly C Shapes

dug

odd

cog

dace

good

quota

gauge

caged

## Predominantly n Shapes

ham

mop

hen

main

plan

blame

there

theme

# Predominantly L Shapes

lit

met

tow

tilt

well

treat

lower

## Predominantly Left-over Shapes

off

find

flit

fillet

friend

muffled

funnier

