

Eco Council met in May to plan activities linked to St Albans Sust Fest. They have decided that they would like Killigrew to have a no waste lunch challenge. During the week of Sust Fest, we would like there to be no waste left over from packed lunches.



No Waste Lunch challenge

We learnt that in the UK we throw away 7 million tonnes of food each year, and lots of packaging that could be recycled or reused is being thrown away and sent to landfill. To raise awareness of the amount of packaging that is used, we would like everyone to try and have waste-free packed lunches.

Here are some of the reasons to join in:

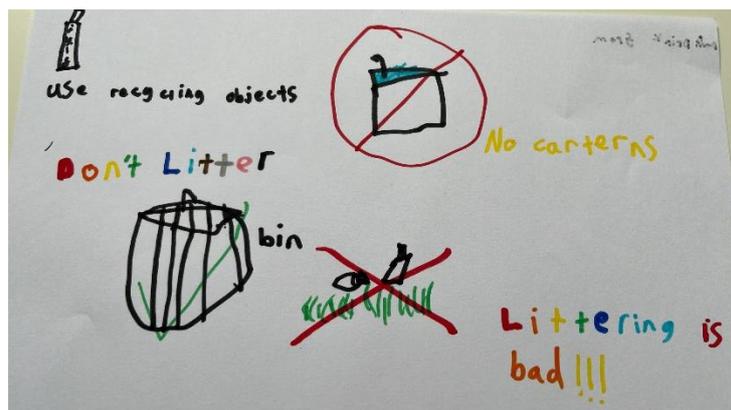
'Lunch on the go' in the UK is generating 10.7 billion items of packaging waste annually – 276 items per person – according to new research from environmental charity Hubbub.

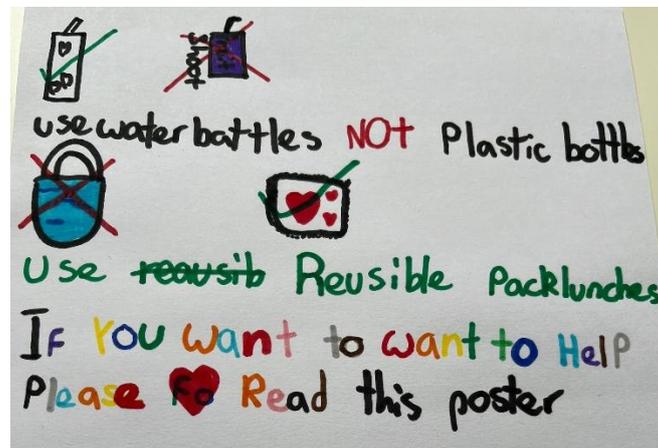
Landfills are filling up with our rubbish quicker than ever.

Packaging makes up about a quarter of all household waste.

Each person in England produces around 300kg of rubbish each year.

Cartons and straws can be recycled but are often not as local councils do not always collect them.





### How can you join in?

If you have a packed lunch, use a refillable water bottle rather than juice cartons or single use plastic bottles.

Put sandwiches into washable and reusable boxes rather than wrapping in cling film or foil.

Use metal cutlery rather than single use plastic cutlery.

Avoid individually wrapped items such as cakes. Maybe you could make your own.

Rather than buying individually wrapped items (multipacks of raisins, crisps, individual tubs of yoghurt) buy large packs and then decant the amount you need each day into washable containers. This usually works out cheaper too.

There is further information here about the Sust Fest:

<https://sustainablestalbans.org/schools/sustfest/>

The Eco Council are also planning an assembly to share this with the school.

Good luck with the waste free challenge!

From

The Eco Council

